



EQUINE FACILITATED PSYCHOTHERAPY (EFP)

EFP Foundations Certification Requirements

The program is structured over 12 months and participants fulfill the following requirements to graduate:

- 6 x Online Modules (Self-Directed)
- 6 LIVE Webinars (3 hrs each)*
- 2 x In Person Practicums*
- 10 hours of supervision with a faculty member**
- Submit 6 online assignments
- Demonstration of personal therapy requirements****
- Completion of horsemanship skills requirements****
- Completion of 20 hours of clinical EFP practice
- Completion of Equi-Health First Aid Certification and Human First Aid/CPR Certification*****
- Submit a Personal Process Paper
- Completion of the Final Exam
- Completion of the Case Study Presentation for final assessment

*US Students can earn 10 hours of CE credits per practicum, and 3 hours per webinar for a total of 38 hours of CEs for the certification for NBCC and APA. APA Division 32, Society for Humanistic Psychology is approved by the American Psychological Association to sponsor continuing education for psychologists. APA Division 32, Society for Humanistic Psychology maintains responsibility for this program and its content. UK Students will earn 8 hours of CPD hours per in person practicum and 3 CPD hours for the live webinars for a total of 34 CPD hours for the entire program.

**10 hours of supervision may be done virtually or face-to-face

***Participants must complete, or have previously completed within 5 years of enrollment, a minimum of 20 hours of personal therapy in an Existential-Humanistic, Gestalt, or Psychodynamic model. Personal therapy completed in any other modalities prior to enrollment will be accepted at discretion.

****Prior to graduation from the EFP program, participants must complete a minimum of 20 hours of continued education for horsemanship skills. Details can be found in the student handbook.

*****Prior to graduation from the EFP program, participants must complete certification in both equine first aid and human first aid/CPR. Details can be found in the student handbook.

Tuition Costs*

	Payment Plans**	Full Tuition Up Front	Eligible Discounted Rate***
EFP Program	\$295/month over 18 months	\$6500	\$236/month over 18 months \$5200 full tuition

*Tuition includes, supervision and snacks and lunch each day of the practicums. It does NOT include travel, meals, and accommodation. For those who are interested in attending a practicum ONLY, the cost per practicum is \$950.

**All payment options include a non-refundable \$1,500 deposit. For the payment plans, the \$1,500 non-refundable deposit is due up front prior to the beginning of all monthly payments. The \$1,500 non-refundable deposit is built into the full tuition upfront cost.

***The HERD Institute® offers discounts for the following: Veterans and active military personnel; myCAA: Military spouses of active service members; PATH International: CTRL, ESMHL, Driving, or Vaulting certification holders; Black, Indigenous, and People of Color (BIPOC) If you belong to any of these communities, you are eligible for a 20% discounted rate.



Graduate Membership

As a graduate of The HERD Institute®, we are proud to promote your achievement and success. We believe in continuing the support and guidance offered during the training, post certification. A Graduate Membership Fee of \$150, to be paid annually, brings the benefit of being listed on our website as a graduate of the institute, allowing clients to find you more easily, and acts as a referral point. Continued supervision will also be available at a discounted rate of \$65/hour. Graduates are also required to complete 10 hours of Continued Education per year to maintain membership. Graduates will also be invited to present at conferences, co-author articles, co-facilitate workshops, and/or assist in practicums as a way of expanding your experience. The HERD Institute® is committed to maintaining contact with our graduates to deepen the connections within the HERD Community.

For disability accommodations, please contact The HERD Institute® at info@herdinstitute.com