WELCOME TO THE HERD

The HERD Institute is pleased to introduce the **Equine-Facilitated Psychotherapy Training for Mental Health Practitioners**. Each training workshop will focus on the philosophical, theoretical, and experiential process of incorporating equines into working with clients. Through the help of our herd of horses, participants will gain a deeper understanding of how their own process impacts on their client relationships. Workshops will include case study discussions and experiential exercises to demonstrate the theory.

**WHO CAN APPLY?**

The HERD Institute Equine-Facilitated Psychotherapy (EFP) Certification is designed to offer training to licensed professional counselors, social workers, psychologists, psychiatrists, and other allied health professionals interested in incorporating horses into their work. The HERD Institute training is offered with CE approval by the National Board for Certified Counselors* (NBCC), and is pending CEU approval by the American Psychological Association (APA) and the National Association of Social Workers (NASW). Graduate students who are close to eligibility for licensure may also apply. Admission to the training program will be at the discretion of the HERD faculty.

*The HERD Institute, LLC has been approved by NBCC as an Approved Continuing Education Provider, ACEP No. 6845. Programs that do not qualify for NBCC credit are clearly identified. The HERD Institute, LLC is solely responsible for all aspects of the program.

**THE HERD INSTITUTE EQUINE-FACILITATED PSYCHOTHERAPY TRAINING PROGRAM**

**MODULE 1: SHARING SPACE**

**MODULE 2: RELEASE & EXPAND**

**MODULE 3: DEEPENING**

**MODULE 4: COMING HOME TO RELATIONSHIPS**

**MODULE 5: INTEGRATION**

FOR MORE INFORMATION, CONTACT THE HERD INSTITUTE

Email: info@herdinstitute.com

Tel: 703-618-0052
What will you learn?

The HERD Institute EFP Certification equips practitioners with the breadth and depth of knowledge, skills, and ethical guidelines required to incorporate horses into clinical practice. The program is structured to provide the philosophical, theoretical, and experiential foundations for participants to integrate into their own personal philosophy. The aim is to support and inspire a new generation of practitioners to find their own unique style of bringing horses into their clients’ lives to facilitate profound healing and growth.

The Intensives will cover:

1) The importance of sharing space and entering into the herd
2) The psychological and physiological impacts of being with horses
3) The art of deepening the relationships between your client and horse(s)
4) The art of facilitating your client’s journey towards their coming home to relationships
5) The integration of philosophical, theoretical, and experiential learning (including the Ethics, Logistics, and Practicalities of running an EFP business)

EFP Training Requirements

The program is structured over 12 months and participants fulfill the following requirements to graduate:

1) 5 x Four Day Workshops (140 Hours)
2) 22 hours of supervision with a faculty member* (charged at $60/hour, not included in tuition costs)
3) Submit 4 x 2000 word theoretical paper
4) Submit a personal process paper after every training workshop.
5) Demonstration of personal therapy requirements**
6) Completion of horsemanship skills development requirements***
7) Completion of Horsemanship Skills Test
8) Completion of 10 mentored hours of live practice in EFP
9) Completion of Equi-Health First Aid Certification and Human First Aid/CPR Certification****

*10 hours of supervision must be individual face-to-face sessions. The remaining 12 may be taken as group sessions of up to 3 participants per group (i.e. 3 hours shared between 3 people, each paying $60/hour), and may be conducted via online formats (e.g. Skype or GoToMeeting).
**Participants must complete, or have previously completed within 5 years of enrollment, a minimum of 20 hours of personal therapy in an Existential-Humanistic, Gestalt, or Psychodynamic model. Personal therapy completed in any other modalities prior to enrollment will be accepted at discretion.
***Prior to graduation from the EFP program, participants must complete a minimum of 20 hours of continued education for horsemanship skills. Details can be found in the student handbook.
****Prior to graduation from the EFP program, participants must complete certification in both equine first aid and human first aid/CPR. Details can be found in the student handbook.

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TUITION COSTS

The HERD Institute tuition costs are structured to be flexible and affordable. In addition to early payment discounts, we also offer substantial savings for students, and there are a limited number of working scholarships awarded per year.

<table>
<thead>
<tr>
<th>Tuition Costs</th>
<th>Per Workshop¹</th>
<th>Full Tuition Upfront</th>
<th>Student Rate²</th>
</tr>
</thead>
<tbody>
<tr>
<td>EFP Program</td>
<td>$750</td>
<td>$3500</td>
<td>$350/workshop or $1750 in full</td>
</tr>
</tbody>
</table>

¹Tuition includes snacks and lunch each day. It does NOT include supervision requirements, travel, meals, and accommodation. For those who are interested in attending the workshop ONLY without CEU Certificates, the cost per workshop is $750. There is no Student Rate available for this option.

²To qualify for the Student Rate, you must be currently enrolled in a graduate program, and provide a letter of confirmation of enrollment from your school.

GRADUATE MEMBERSHIP

As a graduate of The HERD Institute, we are proud to promote your achievement and success. We believe in continuing the support and guidance offered during the training, post certification. A Graduate Membership Fee of $150, to be paid annually, brings the benefit of being listed on our website as a graduate of the institute, allowing clients to find you more easily, and acts as a referral point. Continued mentoring or clinical supervision will also be available at a discounted rate of $55/hour. Graduates will also be invited to present at conferences, co-author articles, co-facilitate workshops, and/or assist in training certifications as a way of expanding your experience. The HERD Institute is committed to maintaining contact with our graduates to deepen the connections within the HERD Community.