WELCOME TO THE HERD

The HERD Institute is pleased to introduce the Equine-Facilitated Psychotherapy Training for Mental Health Practitioners. Each training workshop will focus on the philosophical, theoretical, and experiential process of incorporating equines into working with clients. Through the help of our herd of horses, participants will gain a deeper understanding of how their own process impacts on their client relationships. Workshops will include case study discussions and experiential exercises to demonstrate the theory.

WHO CAN APPLY?

The HERD Institute Equine-Facilitated Psychotherapy (EFP) Certification is designed to offer training to Registered psychotherapists and counsellors interested in incorporating horses into their work. Graduate students who are close to eligibility for UKCP or BACP accreditation may also apply. Admission to the training programme will be at the discretion of the HERD faculty.

FOR MORE INFORMATION, CONTACT THE HERD INSTITUTE
Email: info@herdinstitute.com
Tel: +001-703-618-0052
THE HERD INSTITUTE EQUINE-FACILITATED PSYCHOTHERAPY TRAINING PROGRAMME

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EFP Training Requirements

The program is structured over 2 years and participants fulfill the following requirements to graduate:

1) 4 x Four Day Workshops (128 hours)
2) Completion of THREE online learning modules
3) 12 hours of supervision with a faculty member* (included in tuition costs)
4) Submit 3 x 2000 word theoretical papers
5) Submit a personal process paper after every training workshop.
6) Demonstration of personal therapy or personal development requirements commensurate with BACP or UKCP guidelines**
7) Completion of horsemanship skills development requirements***
8) Completion of Horsemanship Skills Test
9) Completion of 3 mentored hours of live practice in EFP

*3 hours of supervision must be individual face-to-face sessions. The remaining 9 may be taken as group sessions of up to 3 participants per group (i.e. 3 hours shared between 3 people, each paying £40/hour), and may be conducted via online formats (e.g. Skype or GoToMeeting).

**Participants must complete, or have previously completed within 5 years of enrollment, a minimum of 20 hours of personal therapy in an Existential, Humanistic, Gestalt, or Psychodynamic model. Personal therapy completed in any other modalities prior to enrollment will be accepted at discretion.

***Prior to graduation from the EFP programme, participants must complete a minimum of 20 hours of continued education for horsemanship skills. Details can be found in the student handbook.

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TUITION COSTS

The HERD Institute tuition costs are structured to be flexible and affordable. In addition to early payment discounts, we also offer substantial savings on student rates, and there are a limited number of working scholarships awarded per year. Please contact The HERD Institute for more details.

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<th>Tuition Costs</th>
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<td><strong>Per Workshop¹</strong></td>
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<td>EFP Program</td>
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¹Tuition includes CPD Certificates, online learning modules, snacks, lunch each day, and all supervision sessions. It does NOT include travel, meals, and accommodation. For those who are interested in attending the workshop ONLY without the online learning module and/or CPD Certificates, the cost per workshop is £550. There is no Student Rate available for this option.

²To qualify for the Student Rate, you must be currently enrolled in a post-graduate programme, and provide a letter of confirmation of enrollment from your university.

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